

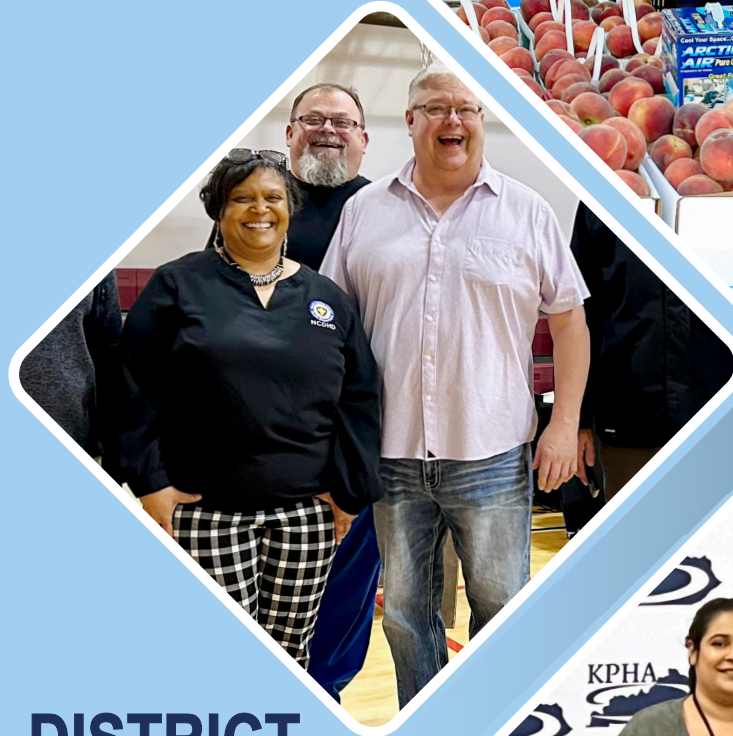


NCDHD

2024 ANNUAL REPORT

NORTH CENTRAL DISTRICT HEALTH DEPARTMENT

Serving Henry, Shelby, Spencer
and Trimble counties



Promoting optimal
health for our communities.

OUR MISSION

Provide innovative, diverse and inclusive population-based public health as a leader through innovation, regulation adherence and communicable disease control.

OUR VISION

Optimal health for the communities the North Central District serves - Henry, Shelby, Spencer and Trimble counties.

OUR VALUES

Collaboration in our communities.

Accountability in Public Health.

Respect in the workplace.

Equity and inclusion in all we do.

Service to others with integrity and compassion.

**BECAUSE
THE NCDHD**

CARES



A LETTER FROM THE DIRECTOR

Fiscal Year 2024 was one of the most celebrated years in the history of the North Central District Health Department.

Along with seeing thousands of patients for immunizations, well-checks and WIC visits and performing inspections on restaurants, septic tanks and more, NCDHD was recognized by our peers for the hard work and innovation on display throughout our staff.

Five different staff members were recognized this year, four at the Kentucky Public Health Association's (KPHA) annual conference and another during the Kentucky Environmental Health Association's (KyEHA) annual conference.

Was it amazing that NCDHD earned such widespread recognition? Yes, but what's more impressive is that this was the first year NCDHD had been recognized at the KPHA conference. And what's even more exciting is that our award winners were recognized by their peers based off of nominations made by their fellow coworkers. Not only are they doing work deserving of statewide recognition, but they're also doing it together as a team!

Those recognized for their work were:

- Kasey Burkhead – Public Health Workforce Development Scholarship.
- Keila Mendez – Outstanding Public Health Nurse Award.
- Starlene Stucker – Helen B. Fraser Maternal and Child Health Award.
- Amy Tingle – Outstanding Sanitarian Award.
- America Wayne – Administrative Support Staff Award.

Another first for our team this year, three staff members were selected to present on special projects at the KPHA conference.

Epidemiologist Colleen Kaelin presented on her Extreme Heat and Heat-Related Illness cam-

paign that helped set up cooling centers in our four counties, and Kasey and PIO Todd Martin shared information on our successful Pop-Up Farmers' Markets that provided walkable access to fresh fruits and vegetables in neighborhoods that don't have consistent access. The markets also provided information on wrap-around services at the health department.

I couldn't be more proud of our team's work and our teamwork to make all these events and awards possible, but don't think we're slowing down to admire our successes.

Our staff has been hard at work creating new initiatives to benefit our counties – like the new Narcan storage boxes being placed in our communities, which provide access to free life-saving Naloxone for those in need. We instituted a plan to increase the number of patients seen at our clinics and our numbers are increase. And we're working on our digital presence as well as our website is undergoing a professional redesign that

will be ready later this year.

Earlier this year we embarked upon our most ambitious project yet. Starting in FY24 and into FY25 and beyond the NCDHD will be working on attaining accreditation through the Public Health Accreditation Board (PHAB). This work will take several years to complete, but in the long run will make us a better, more efficient and effective health department. Work is already underway for our Readiness Assessment, and the NCDHD welcomed a new Accreditation Coordinator to help lead the way.

To achieve accreditation, we'll need the help of our staff, our partners and members of the communities we serve, so be ready to see much more from NCDHD as we embark on our Community Health Assessment and more.

Yes, 2023-24 was a banner year for the North Central District, and we're just getting started.

Through Collaboration, Accountability, Respect, Equity and Service, the North Central District will provide optimal care to those we serve. Because the NCDHD CARES.



Roanya Rice
Public Health Director



NCDHD BOARD OF HEALTH



**Board Chair
Donna Meador**



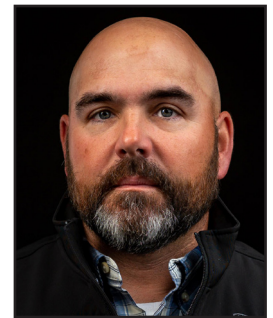
**Henry County
Judge Executive
Scott Bates**



**Shelby County
Judge Executive
Dan Ison**



**Spencer County
Judge Executive
Scott Travis**



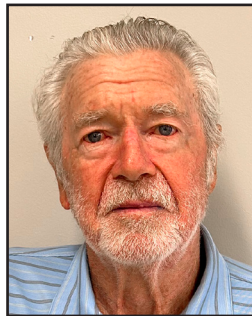
**Trimble County
Judge Executive
John Ogburn**



**Board Member
Cathy Ellis**



**Board Member
Jennifer Herrell**



**Board Member
Earl Holmes**



**Board Member
Dr. John Snider**



**Board Member
Jason Underwood**



OVERVIEW

The North Central District Health Department's 2024 Annual Report is a snapshot of the district's work in Henry, Shelby, Spencer and Trimble counties. This report highlights the programs, services and projects from July 1, 2023, to June 30, 2024.

With it's eyes set on continuing efforts to provide optimal health to the residents of Henry, Shelby, Spencer and Trimble counties, the North Central District Health Department hit the ground running in Fiscal Year 2024.

Several staff members kicked off the year by attending the National Association of County and City Health Officials (NACCHO) conference in Denver to learn more about trends, services and success stories from agencies around the country.

Several new initiatives highlighted the year, including the addition of Naloxone storage boxes in our communi-

ties that provide life-saving medication to help reverse the effects of overdose. NCDHD also provided CPR training in all four counties, including free hands-only training for the public and a training with full services for the Trimble County Search & Rescue team.

NCDHD also started a new effort to bring farmers' markets to underserved neighborhoods. NCDHD created a new partnership with Traditional Bank to offer free \$10 vouchers for 50 residents living in those neighborhoods to purchase fresh fruits and vegetables. In its first year, the market served hundreds in Shelby County neighborhoods.

BUDGET

*Budget represents Fiscal Year of July 1, 2023, to June 30, 2024

REVENUE

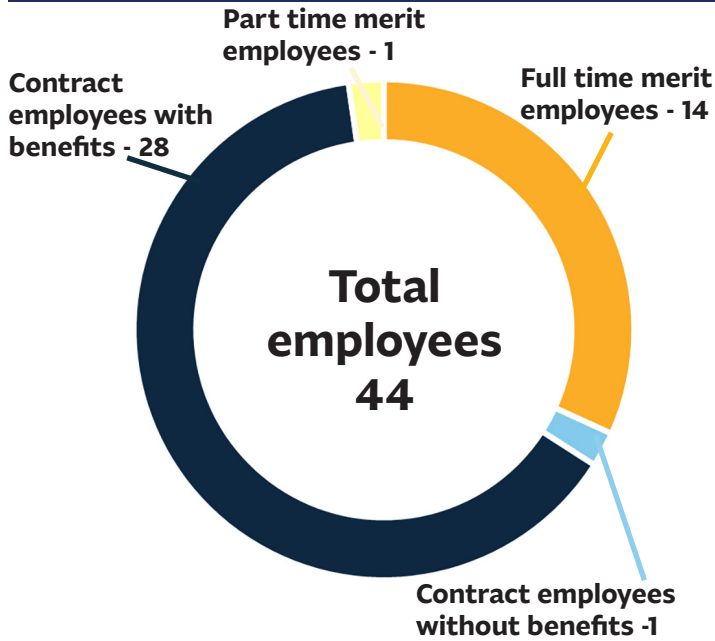
State funds	\$804,941
Federal Funds	\$2,473,028
Local tax/donations	\$2,647,953
Service fees	\$543,694
Bank interest	\$172,603
Donations	\$8,333
Retirement Assistance	\$1,021,756
Program carryover	\$134,162
Total	\$7,806,469

EXPENSES

Salaries	\$2,526,176
Fringe benefits	\$1,935,323
Independent contracts	\$10,778
Travel	\$11,677
Space Occupancy	\$358,880
Office	\$365,446
Medical Supplies	\$219,799
Automotive	\$14,751
Other	\$1,011,722
Capital	\$58,808
Prior Year adjustment	\$142,884
Total	\$6,656,044



WORKFORCE



A GROWING TEAM

The North Central District Health Department saw some turnover in leadership during FY24, but staff overall continued to grow.

A new Operations Director position was created to fill the vacated Deputy Director position and a new HR Director position was created. Although neither positions were filled before the end the year, recruiting efforts and interviews were ongoing.

NCDHD did fill another new position, an Accreditation Coordinator was hired in early 2024. This position will spearhead the districts efforts for national accreditation and has already positioned NCDHD to move forward into the beginning stages.

NCDHD spent much of FY24 fully staffed in our clinics.

As we move into FY25, leadership expects to see the new positions filled and continued growth throughout the district.

INFORMATION

As the leading voice in public health across the North Central District's four counties, NCDHD uses a mixture of traditional and social media to reach the population we serve.

The NCDHD's presence on social media continues to grow, and the district branched out this year using Over The Top advertising to reach residents with both music and television streaming services. These efforts allowed NCDHD to target its message to help increase HANDS services to those in need in our four counties.

By sharing trusted information, the North Central District's Facebook, Twitter, Instagram and LinkedIn accounts continue to grow and promote NCDHD programs and share information.


The district this year also featured region and state-wide winners in the state's Be

A Vaccine Champion! youth poster and media contest. Winners were recognized during the KHSAA Sweet 16 basketball tournament.

**Don't wait
Vaccinate**

**THE NORTH CENTRAL DISTRICT
HEALTH DEPARTMENT IS OFFERING
FREE SHINGLES VACCINES AND
TDAP BOOSTERS WITH
AN \$18 ADMINISTRATIVE FEE.**

- Shingles vaccines are recommended for those 50 and older
- Adults should get a Tdap booster every 10 years



COMMUNITY OUTREACH & EDUCATION

As the face of public health in the North Central District, the Community Health Education Team spends much of its time at local events, in schools and working with local businesses to help educate the residents of Henry, Shelby, Spencer and Trimble counties.

The team increased its number of community events again this year, topping 100 events where they shared health department information and services with members of the community.

A big reason for that increase was new programs instituted for Fiscal Year 2024. The team started CPR classes this year, taking hands-only CPR training into each of our four communities.

Overall, 59 residents received life-saving training this year, helping make our communities safer for everyone. The team is working on a grant to continue the classes in the 2024-2025 fiscal year.

Another successful new program was the addition of 35 new Naloxone storage boxes provided in our communities. Funded by a federal grant, the storage boxes, which look like free newspaper boxes, provide Naloxone at no cost. Community members can just stop at one of the boxes and pick up a dose of the opioid overdose reversing medication. More



than 330 doses have been picked up in the community through the storage boxes. Naloxone can help in the event of an accidental overdose if a child gets into prescribed medicine, if some accidentally takes the wrong medication or in the case of an illegal opioid overdose.

YEARLY SERVICES



NEWLY ADDED SERVICES



ENVIRONMENTAL

The North Central District Environmental Team is a vital and active participant in keeping our communities safe.

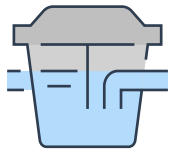
Not only are NCDHD environmentalists inspecting restaurants, working with septic tank installers to maintain proper installation and permitting, they're also working in the community to further the mission and vision of the North Central District Health Department.

Environmentalists were visible in our communities by sharing our wraparound services at NCDHD hosted events, hosting virtual and in-person septic licensing programs and sharing food safety information.

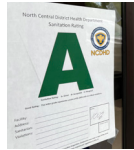
The team also worked with local veterinarians and the Spencer County Humane Society to host discounted rabies vaccination clinics for our furry friends in the North Central District.



Environmentalist Amy Tingle received the Outstanding Sanitarian Award at the Kentucky Environmental Health Association (KyEHA) conference in February 2024.



862
Septic activities



886
Food service inspections



186 Rabies control activities

EPIDEMIOLOGY

Epidemiology provides information for North Central District to create data-driven solutions and programs that benefit our communities. Over the past fiscal year, the NCDHD epidemiologist worked on reportable diseases ranging from salmonella and rabies to Lyme disease and pertussis among others. Disease investigations also stretched over all four counties. Partnerships have been maintained to provide cooling centers in all four counties in the case of extreme heat events.



269
Communicable disease investigations

PREPAREDNESS

NCDHD remains prepared for the unexpected with its emergency and disaster preparedness efforts staying up to date through staff training exercises and preparedness associations.

The Preparedness Team traveled to the National Association of City and County Health Organizations (NACCHO) Preparedness Summit to learn about new programs. The team also wrote for and received grants to improve:

- Preparedness storage room and update supplies,

shelving and add climate control.

- Add a preparedness POD for more storage.
- Upgrade the trailer to provide lighting, hooks, shelving and Wi-Fi capabilities for staff and public use in an emergency situations.



CLINICAL

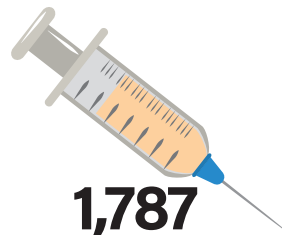
Clinical services saw increases in nearly every aspect of service this year. Concerted efforts by staff to increase community knowledge of clinical programs led to large increases in services. Clinical staff's participation in pop-up farmers' markets, health fairs and more have provided residents greater opportunities to not only learn about the wide range of services provided by our local health departments, but also the opportunity to receive services at events.

The NCDHD clinical team will continue to reach out into the communities it serves through the next fiscal year, meeting the public where it lives, works and plays.

SERVICES



4,572
Unduplicated patients



1,787
Immunizations



2,664
WIC services



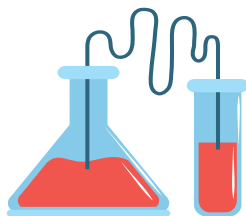
263
Pediatric exams



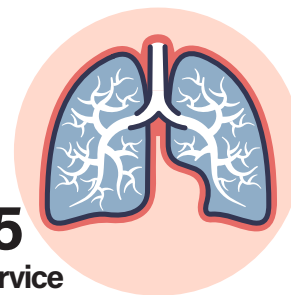
174
Dental varnish



135
STI service



5
Lead screening



235
TB service



HANDS

HANDS (Health Access Nurturing Development Services) is a statewide voluntary evidenced-based, intensive home visitation program designed to assist all parents at critical development points during the first years of their child's life.

The program saw positive growth over the past year and now has three employees.

The NCDHD HANDS program completed 750 visits in FY24.

After receiving a grant in 2023 designed to assist with program infrastructure and retention of families, the work is beginning to pay off. A promotional video has been completed and is available at [NCDHD.com/HANDS](https://www.ncdhd.com/HANDS) and can be used for educational presentations about the program. It's also been used for a commercial featuring the program to targeted audiences on television throughout the four-county district.

Other grant opportunities to help increase retention included:

- A car seat incentive program.
- HANDS car shows.
- Outreach events.



750
In-home visits

