

North Central District Health Department

Serving Henry, Shelby, Spencer and Trimble counties

2023 ANNUAL REPORT



NCDHD

Promoting optimal health for our communities.

OUR MISSION

Provide innovative, diverse and inclusive population-based public health as a leader through innovation, regulation adherence and communicable disease control.

OUR VISION

Optimal health for the communities the North Central District serves - Henry, Shelby, Spencer and Trimble counties.

OUR VALUES

Collaboration in our communities.

Accountability in Public Health.

Respect in the workplace.

Equity and inclusion in all we do.

Service to others with integrity and compassion.

**BECAUSE
THE NCDHD**

CARES



A LETTER FROM THE DIRECTOR

In 2019, the Kentucky Legislature and the Kentucky Department of Public Health reshaped the way our health departments were going to function with Public Health Transformation.

The goal was to ensure we had the mindsets, capacity, resources and workforce necessary to provide equitable service through foundational and essential public health services.

When I first came onboard at the North Central District Health Department more than six and a half years ago, I immediately began working towards the concept of Public Health Transformation. While the plan was a long time coming, its implementation was cut short by the arrival of COVID-19. The two following years saw Public Health thrust into the spotlight as we battled a pandemic unlike any we had seen since the early 1900s.

But now, on the other side of COVID, our health departments are actively participating in Public Health Transformation and positively impacting our communities and how we serve them.

While we look a little different, our vision remains the same: To provide optimal health for the communities NCDHD serves – Henry, Shelby, Spencer and Trimble counties.

So, what are the foundational services?

Foundational public health focuses on five areas, which include statutory and regulatory defined services:

- Population health
- Enforcement of regulation
- Emergency preparedness and response
- Communicable disease control
- Administration and organizational infrastructure

Along with those is the Community Health Assessment, which helps shape our other programs.

Our core public health services are WIC (Women, Infant and Children), HANDS (Health Access Nurturing Development Services) and Harm Reduction to include the Substance Use Disorder Coalition (SUD). These programs directly affect our most vulnerable populations, providing services and education for both young and expectant parents and helping those with substance use disorders.

Outside those foundational and core programs are local health priorities, which are identified through Community Health Assessments done in partnership with UofL Health – Shelbyville Hospital and Norton Healthcare. In our district we focus those services on programs like our certified diabetes classes, tobacco cessation, healthy living and more.



As COVID-19 now becomes part of everyday lives like other communicable diseases, we'll continue to monitor its changes and seasons, and we'll use foundational services – like population health, enforcement of regulation and communicable disease control – to keep our communities safe.

This means we've started to move those resources that were so heavily focused on the pandemic back to where they originally started.

You've no doubt seen our advertisements for adult vaccinations and not just COVID and flu vaccines. We offer several other vaccines including shingles, pneumonia, childhood vaccines and adult vaccines like Tdap boosters and more. We will also offer the new RSV vaccine as soon as it's available.

Our HANDS team has received a grant of more than \$130,000 to help attract and retain new families to the program. HANDS is an area we're focused on seeing growth in the coming year. It is a voluntary in-home visitation program designed to assist parents during their child's critical developmental milestones starting prenatally through the child's first two years.

This program is vital to ensuring all our children have equitable access to support services. We are determined to see increases in the program and its essential support.

When you combine these efforts with those ranging from our Community Health Education team's work to share information and educate our population to our environmental team's enforcement regulation in restaurants and septic and other areas and our continued efforts to remain ready for emergency response, you can see that the health department is more than a clinic for the underserved. The health department reaches every corner of our communities and has programs to benefit all residents, even those that don't come to seek our services.

Our mission is to provide innovative, diverse and inclusive population-based public health as a leader through innovation, regulation adherence and communicable disease.

But that goal can't be achieved within the walls of a brick-and-mortar clinic waiting for people to come see us. We must meet the public where they work, where they learn, where they play and where they live.

We must work for **C**ollaboration, show **A**ccountability and **R**espect and ensure **E**quity and **S**ervice for all. Those are values that we hold dear, and values that show that the North Central District Health Department **CARES** about the communities we serve.



OVERVIEW

The North Central District Health Department's 2023 Annual Report is a snapshot of the district's work in Henry, Shelby, Spencer and Trimble counties. This report highlights the programs, services and projects from July 1, 2022, to May 31, 2023.

This past year saw public health start to find its footing for a new normal in a post-COVID world.

Adding COVID-19 as a constant to a growing list of services has provided new challenges. To meet these demands, along with the continued adaptation of Public Health Transformation, the North Central District Health Department has continued to grow.

And while several new staff members have joined the team, the continuity at the top has helped steady the transitions.

For the first time in several years there were no changes in leadership, providing Director Roanya Rice the ability to focus her staff in a new and more direct fashion.

This led to a complete overhaul in district's Strategic Plan, the district's first annual report and work on the early stages of preaccreditation.

The Administration Team was able to institute the district's first Employee Appreciation Plan, which is aimed at improving staff relationships along with increasing retention

rates and recruitment. Work with the IT Department resulted in a full redesign of the district's website, better portability between district sites by standardizing our equipment, an increase in bandwidth and upgraded security with new electronic entrance systems in place.

Staff also participated in its first Diversity, Equity and Inclusion training. This training, conducted by Millennium Learning Concepts and its leader Dr. Roger Cleveland, provided staff the opportunity to discuss DEI training in an open dialogue and how it is being addressed within the district and its communities.

While there are opportunities for growth, Dr. Cleveland noted that "both staff and leadership are invested in promoting and making public their commitment to diversity, equity and inclusion."

Moving forward into the next fiscal year, the North Central District plans to continue its growth and its efforts to provide optimal health to the residents of Henry, Shelby and Trimble counties.

BUDGET

*Budget represents July 1, 2022 to April 30, 2023

REVENUE

State funds	\$342,625.18
Federal Funds	\$1,255,161.40
Local tax/donations	\$1,863,906.63
Service fees	\$391,667.15
Bank interest	\$10,434.61
Rent	--
Retirement Assistance	\$502,170.30
Program carryover	--
Total	\$4,365,965.27

EXPENSES

Salaries	\$1,794,519.60
Fringe benefits	\$1,482,343.43
Independent contracts	\$36,807
Travel	\$2,393.02
Space Occupancy	\$371,327.96
Office	\$315,483.86
Medical Supplies	\$93,109.69
Automotive	19,647.20
Other	\$399,261.20
Capital	\$191,029.30
Total	\$4,705,921.71



WORKFORCE

A GROWING TEAM

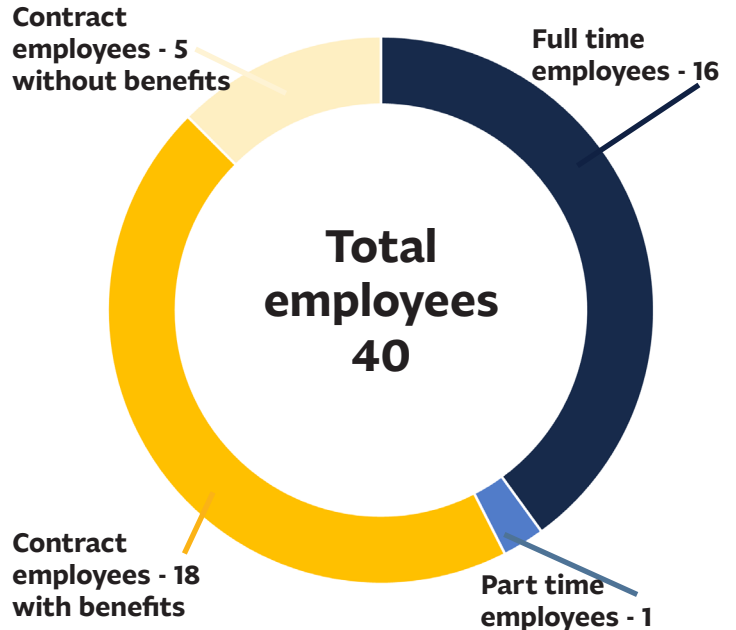
The North Central District Health Department staff continues to grow.

The NCDHD added three new positions this year and the district is nearly fully staffed.

A new employee appreciation plan designed to not only help with employee retention but also recruitment wrapped this year and received positive reviews from staff.

The Human Resources department added one of the new positions, and over the course of this year also implemented a new Applicant Tracking System that has linked job postings on the NCDHD website with multiple job search websites. This new system has helped develop a deeper pool of applicants.

More growth is expected with new positions, like a nutritionist, still being advertised.



INFORMATION

Free Flu Shots



Children ages 10-and-under have had more than twice as many confirmed flu cases than any other age group. To help children fight, on Dec. 22 the NCDHD will offer **FREE FLU SHOTS**.

Walk-ins welcome, no appointment needed

WHERE

Dec. 22 - 8 a.m. to 4 p.m.
at the Henry, Shelby,
Spencer & Trimble
county health departments

Flu vaccination is the best way to protect children from flu and its complications.



f **4,550 FOLLOWERS**
POST REACH NEARLY 10,000 PER MONTH

in **108 FOLLOWERS**
TOP POST 100 IMPRESSIONS

t **61 FOLLOWERS**
TOP TWEET 1,294 IMPRESSIONS

The North Central District continues to serve as the leading voice in public health across our four counties. A mixture of traditional and social media has helped deliver our messages to the communities that we serve.

The NCDHD's presence on social media continues to improve, and plans are moving forward to better reach our minority populations.

By sharing trusted information, the North Central District's Facebook, Twitter, Instagram and LinkedIn accounts have grown over the past year. In less than one year the NCDHD LinkedIn page has gained more than 100 followers.

Not only are these accounts growing to share needed public health information, they are also used to help promote NCDHD programs and state information.

The district this year also participated in the state's first Be A Vaccine Champion! Poster and Media contest, taking the lead for the 12 county, KHSAA 8th Region.



COMMUNITY OUTREACH & EDUCATION

As the face of Public Health in the North Central District, the Community Health Education Team spends much of its time at local events, in schools and working with local businesses to help educate the residents of Henry, Shelby, Spencer and Trimble counties.

After spending much of the previous year working with COVID-19 vaccines, the CHE Team was able to transition back to more educational events this year, helping share information and speak on topics ranging from substance use disorder, childhood immunizations and flu shots to bullying/suicide prevention, diabetes and smoking cessation.

The team also secured a School Preparedness grant this year that is helping all five of our school districts be better prepared for disaster.

Working with the schools to identify needs, the CHE Team has been able to provide hundreds of first aid and trauma kits, ensure AEDs are charged and available for use, provide training manikins, stop the bleed kits and emergency radios.

This year, the CHE Team added four new members, including a new nurse. Throughout the year the CHE Team works to ensure the public is familiar with each and every

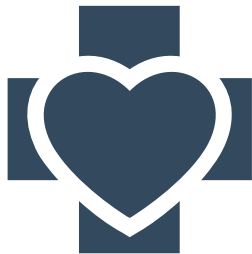


program offered by the North Central District Health Department.

The team continues to cultivate new partnerships to help the NCDHD grow and better serve our communities.

YEARLY SERVICES

27 sites
445 individuals
Biometric Screenings



55 events
Community locations

109 donations
Cribs for Kids program



SCHOOL PREPAREDNESS GRANT



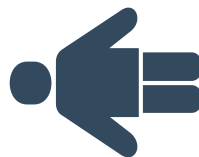
33
Stop the Bleed kits



190
First aid kits



139
AED pads, batteries & accessories



80
CPR Manikins



35
Trauma kits



ENVIRONMENTAL

The North Central District Environmental Team was very active in keeping our communities safe, both indoors and out.

Environmentalists were visible in the communities with speaking engagements with a retail food meeting in Shelby County and with the culinary arts program at Martha Layne Collins High School. The team also collaborated with the Henry County Extension Office in a disaster exercise program. And they hosted two virtual and in-person septic installer training programs.

Along with septic and sewage activities and restaurant inspections, the Environmental Team also attended to 314 other activities ranging from nuisance control and lead abatement to public facilities inspections.

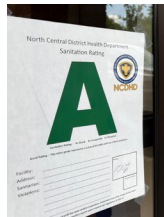


2,189 on-site visits

310 new sites



136 Rabies control activities



847

Food service inspections



EPIDEMIOLOGY

Epidemiology aided several North Central District programs throughout the past 12 months.

The NCDHD epidemiologist worked on reportable diseases ranging from E-coli and Hepatitis C to Spotted Fever Rickettsiosis and Campylobacteriosis among others.

Disease investigations also stretched over all four counties.

Partnerships were also made to create cooling centers in all four counties in the case of extreme heat events.



88

Communicable disease investigations



CLINICAL

Clinical services saw the biggest challenge this year with the addition of ezEMRx Electronic Health Medical Records. Training began in late in 2022 and continued up until the transformation in early March. While the transition to all digital records is still ongoing, the staff has completely transitioned to the ezEMRx platform with patients while continuing to scan existing charts into the system.

Also this year, the WIC Coordinator has added farmers' markets in Spencer and Henry counties to the WIC Farmers Market Nutrition Program, which gets participants extra funds to spend on fresh fruits and vegetables in their communities.

SERVICES*

4,103

Unduplicated patients

1,740

WIC services

2,313

Immunizations

150

TB services

1,735

COVID vaccines

35

STI services

53

Well-child exams

5

Dental varnish

*Services provided are July 1, 2022 to May 31, 2023



HANDS

The HANDS (Health Access Nurturing Development Services) is a statewide voluntary evidenced-based, intensive home visitation program designed to assist all parents at critical development points during the first years of their child's life.

The program saw positive growth over the past year. Growing from a staff of one to now having a staff of three. With the end of the COVID Public Health Emergency, the HANDS team is starting to see more families.

Four families completed the multi-year program and graduated this year.

HANDS also applied for and received a \$130,130 grant in April.

The grant is to enhance the local agency's infrastructure, program access and retention of families along with outreach and promotion of the HANDS program. Among many areas, plans for the funding include:

- A car seat incentive program.
- Public HANDS events.
- A promotional video for advertising and community outreach.
- Several outreach events.



- **65 Referrals**
- **22 Families originally enrolled**
- **12 Families currently enrolled**